



TRUSTEES REPORT

LAMBHILL STABLES 2018 / 2019

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LAMBHILL STABLES

SCOTTISH CHARITY NUMBER: SC038504

COMPANY LIMITED BY GUARANTEE NUMBER: SC3237607

REGISTERED OFFICE: 11 CANAL BANK NORTH, GLASGOW, G22 6RD





OUR VISION

LAMBHILL STABLES IS A SAFE, INSPIRING COMMUNITY HUB IMPROVING THE NORTH OF THE CITY FOR ALL.

OUR MISSION STATEMENT

LAMBHILL STABLES, ON THE BANK OF THE FORTH AND CLYDE CANAL, IS A UNIQUE AND PICTURESQUE SETTING WHERE WE WORK TOWARDS IMPROVING THE QUALITY OF LIFE FOR ALL AGES AND ABILITIES.

WE PROVIDE OPPORTUNITIES FOR LEARNING NEW SKILLS, TAKING PART IN CREATIVE AND SOCIAL ACTIVITIES AND CARING FOR THE ENVIRONMENT.

THEY SAY “A PICTURE IS WORTH A THOUSAND WORDS”, SO WE ASKED ONE OF OUR TALENTED YOUTH TEAM TO TRY TO PUT INTO PICTURE FORM OUR VISION FOR LAMBHILL STABLES AND OUR COMMUNITY.

WE THINK IT’S A FANTASTIC REPRESENTATION OF OUR LOCAL AREA, AND WHEN IT’S NOT ON DISPLAY AT EVENTS IT PROUDLY ADORNS OUR MAIN OFFICE WALL. POP IN ANYTIME AND SEE IT IN ALL ITS GLORY!



WELCOME TO OUR REVIEW OF THE YEAR

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INTRODUCTION

The Trustees (who are also directors of the charity for the purposes of the Companies Act) are pleased to present their annual report and draft financial statements for the year ended 31 March 2019. These are prepared to fulfil the requirements of a director's report and accounts for Companies Act purposes and for OSCR (Office of the Scottish Charity Regulator) compliance purposes.

The company was incorporated on 11 July 2007 and was granted charitable status by the Office of the Scottish Charity Regulator on 30th July 2007.

Since its inception, Lambhill Stables has developed into a vibrant, welcoming and inclusive community focused charity, based in the North of Glasgow.

Our geographic location in an area of social and economic disadvantage presents us with many challenges.

However our primary focus has always been to meet these challenges head on and to strive to serve the interests of all in our community. We continually endeavour to improve, enhance and adapt the services we offer in an increasingly changing world.

Lambhill Stables is open to all without prejudice or distinction of religion, race, culture, disability, gender, sexuality or politics.

The organisation has no political affiliation and expresses no opinion on political matters.

This report covers the financial year 2018/19, and also includes updates on significant developments post the year end as well as our future plans.

OBJECTIVES

The principle objectives of the company, as set out in its Memorandum of Association are to benefit the community of Lambhill and its surrounding areas by promoting:

1. The advancement of Community Development, including urban regeneration within the operating area
2. The prevention and relief of unemployment
3. The relief of those in need by reason of age, ill health, disability, financial hardship or other disadvantage
4. The provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended
5. The advancement of citizenship
6. The advancement of environmental protection or improvement
7. The advancement of the arts, heritage, culture or science
8. Any other purpose that may reasonably be regarded as analogous to any of the preceding purposes

With a view to achieving these objectives, the aim of the company is:

- The maintenance and enhancement of the Lambhill Stables building as a community hub, providing facilities for our community, educational and cultural activities, training and employment opportunities, leisure pursuits and kitchen and café services;
- To maintain and enhance the adjacent community garden;
- To maintain the option in the future to re-instate Stables Solutions Limited as a way of providing local residents with training and work opportunities.

TRUSTEES

The Trustees are made up of member directors and co-opted directors. The member directors are appointed at the Annual General Meeting with vacancies between meetings being the responsibility of the Board to address.

One third of the member directors retire by rotation each year and are eligible for re-appointment. The co-opted directors are appointed by the Board and retire at each Annual General Meeting, but are eligible for re-appointment by the Board thereafter.

The Trustees are responsible for the governance, compliance, strategic and financial management of the Charity (including the review and approval of pay and remuneration for key management personnel).

The day-to-day operational management responsibility is held by the General Manager, supported by the individual department heads who are responsible for their own specific projects.

As a result of changes in the Board since the year end, there are currently nine Trustees (see below). Therefore we are currently looking for candidates to become Trustees in order to work towards a full complement of twelve which is the maximum specified in our Articles of Association.

A comprehensive programme of training for current Trustees commenced in the last year and will continue in the coming year.

It is one of the Boards main objectives to provide formal training to all staff to ensure Lambhill Stables, at all levels, is up to date with legislative changes and sector best practice.

The Trustees who served during the year under review were as follows:

- Carol Primrose, resigned 20th November 2019
- James McKechnie
- Murdoch Campbell MacDougall
- Paul Murray

- Stephanie Harverson (nee Simpson), resigned 30th September 2019
- Allan McGinness, appointed 17th July 2018
- Hilary Harris, appointed 17th July 2018
- Colin Lipsey, appointed 17th July 2018
- Eileen Rough, appointed 17th July 2018
- Christine Smith, appointed 25th January 2019
- Anne Hutchinson, appointed 25th January 2019

Post the year end Stephanie Harverson has taken up a paid part time post as an Administrator with the organisation and as a consequence has had to resign from the Board. Stephanie has been a stalwart of and staunch advocate for Lambhill Stables over many years, the Board thanks her for all her efforts and wish her all success in the new role. The Board's loss is very much the Operational Management team's gain.

MEMBERS AND CARD SCHEME

During the review year we undertook a review of our members and regular customers with the objective of offering all a tangible "thank you" for all your fantastic support and encouragement. We have introduced a card based scheme which is open to all who come to Lambhill Stables, whether they are members, regulars or visitors.

Under our Articles of Association, Ordinary Membership is open to any individual who is ordinarily resident in the defined Operating Area of the Charity (G20, G22 and G23) and to any voluntary sector body operating within that area who wishes to further the aims and objectives of the company.

However many of our supporters reside outside of the defined Operating Area and we were keen to ensure that their support was also acknowledged, therefore we designed a Card Scheme which could benefit all.

To ensure we remained compliant with our Articles of Association and the “definition of members” therein, we introduced a new category of supporter called “Friend of Lambhill” to sit alongside the existing “Ordinary Member” category.

Our new “Friend Of Lambhill” category is for those living out with the defined Operating Area and we also have a Junior category for those under 16.

The benefits of the card scheme are exactly the same regardless of category, everyone is entitled to 10% off all prices in our popular café and our increasingly successful Bike Hub.

There are only two significant differences between the categories namely, that only Ordinary Members can vote at our Annual General Meeting (AGM) and that every ordinary member of the company undertakes to contribute an amount not exceeding £1 in the event of the company being wound up.

At the end of March 2019 we had some 600 members, exceeding our ambitious target of 500 set in October last year. We set a new target of reaching 1,000 by the end of 2019 and we are delighted to confirm that we have not only achieved this milestone, but exceeded it by over 10%. This is a significant feat considering that before we introduced the scheme we had approximately 150 ordinary members.

This continued increase in membership is a real testament to the support in the community and beyond for the work undertaken at Lambhill Stables.

The impressive rate of growth and the sustained rise in membership also has a positive practical impact, especially when seeking future funding as it is a highlight we are an important, growing and integral part of the Community. The popularity of the Friend of Lambhill category shows that we are attracting ever increasing numbers from other parts of Glasgow and beyond.

Our ever popular Open Days allow us to not only showcase the work we do, they present us with the ideal time to attract new members. Our new strategy calls for 4 such major events per year, funding permitting.



ONE OF OUR OPEN DAYS



A TRIP ON THE CANAL

We never forget that you, our supporters, members’ and customers are the lifeblood of this organisation and our programme of activities is in response to what you have asked us for. We will continue to listen to what you say and will look at and try “new things” in response. If, and where possible we will extend or amend our existing schedule of activities.

GOVERNANCE AND MANAGEMENT

The current structure of Lambhill Stables is illustrated below:



The Board is responsible for the overall Governance of the organisation, it’s strategic planning and operational oversight. It is the ultimate authority for fiscal management and organisational compliance with the relevant statutory and regulatory requirements.

It is not an operational management body, the responsibility for all day to day operational matters resides with the General Manager, Amelia Irvine who is assisted and supported by her Deputy, Project Development Manager, Maggie MacBean Orr and the various heads of department.

A regular monthly Board meeting is held where the General Manager presents a structured monthly report, providing a review of the organisations performance in the month and detailing matters arising requiring Board input. This is what we refer to as the “standard process” and is targeted with giving the General Manager all necessary decisions and guidance as required.

With the advantage of a strengthened Board and with the need for faster decision making we have introduced specific Board Sub-Groups who are responsible for taking forward specific initiatives. These groups once formed are empowered to facilitate the implementation of projects for example the Lambhill Stables Lottery.

Details of changes in Board composition since our last Annual Report is detailed in the section titled “Trustees” above.

The Operational Management team under the management and guidance of Amelia Irvine and Maggie MacBean Orr have continued to consolidate and strengthen all Operational aspects of the organisation. The team has the full confidence and support of the Board and we are pleased to take this opportunity to thank them, the staff team and of course our magnificent volunteers for all their efforts in what has been another challenging year.

In spite of the challenges Lambhill Stables continues to perform exceptionally well and continually attracts highly favourable comments from our members, funders, partners and external advisers alike.

FINANCIAL REVIEW

For the accounting period under review our accounts show:

Total income for the year was lower at £451,513 (2018: £561,992) while total expenditure was also lower at £497,453 (2018: £568,772). This results in a negative net movement of

funds for the year of £45,940. This reflects the loss of one of our two major Scottish Government awarded Grant Funds (Climate Change Fund) and the scarcity of other similar significant sources of grant funding. The organisation has now implemented it's new funding strategy which will see a significant shift towards a greater level of self-generated funding through our activities.

Your Board is actively involved in further developing the organisation to move to a more resilient model, where we become less reliant on Grant Funding, these changes will become more visible in the New Year.

Additionally we will continue with our internal improvement programme which will further strengthen management controls on expenditure and identification of additional sources of income.

As a result of the total income for the year being below £500,000 your Board have decided not to have a full statutory audit, as is allowed under company law. We have done this after full discussion with our auditors and with their agreement. Therefore the accounts have undergone a full Independent Examination by Martin Aitken & Co. and they have approved the accounts on that basis. The full examined and Board approved accounts will be available after the AGM. This report and accompanying financial statements will be submitted to the appropriate regulatory bodies by the relevant due dates.

The Trustees keep under review the level of free reserves to ensure the charity's continuance in future years. The actual free reserves at 31 March 2019, being those funds not tied up in fixed assets, long term investments, designated for a specific purpose or restricted, are £20,276 (2018: £25,816). As part of the Board's Governance duties, the Trustees are currently reviewing the Reserves policy and this will complete in the first quarter of 2020.

The charity keeps a detailed risk register which is regularly reviewed and updated this enables early identification and mitigation of any risks identified.

FUNDING

As previously reported in last year's Trustees Annual Report, for years we relied on a few key funders supplemented by small grants and awards. Whilst this model of finance kept "us

going” it did so at a high level of risk and exposure to changes in third sector funding. This was highlighted at the beginning of 2019 when we “lost” one of the two major funding streams from the Scottish Government. The resultant shockwave reverberated around the whole organisation and the re-organisation and cost cutting was something we never want to go through again. Even before that loss was known about, we had commenced the implementation of a new funding model, which involved us spreading risk exposure across three main categories of funders; Principal funders (£100k+), Secondary funders (£10k - £50k), Tertiary grants and awards (up to £10k).

We were fortunate that we had already this implementation in process and much of the Board and Operational Management activity over the first seven months of 2019 was in rapidly implementing this new model.

However the experience has led us to expedite further enhancements to our funding strategy and this section of the report is split accordingly. Essentially the recently implemented funding model will be reported on as Grant Funding and we will be introducing and reporting on Self Generated Funding as a separate source of income.

GRANT FUNDING

The Scottish Government has implemented some very significant changes to funding third sector organisations like ours, which like all such exercises has upsides and downsides. They have decided to combine five existing funds into one, the new Investing in Communities Fund (ICF). The most significant upside for us of this change is the move to multiple year funding, which is something we and the rest of the sector have been advocating for some time. This is a very welcome move.

The downside is that such a change takes time to implement and a new application process by its very nature involves significant management time in gaining the required understanding of what is entailed in applying for funding.

The competition for this fund is severe and will attract applications from all over Scotland. We believe our application is strong and we await an imminent decision.

With the loss of Climate Challenge Fund (CCF) monies, we have decided to apply for the new Glasgow Communities Fund (GCF) which is the replacement for Integrated Grant Fund (IGF) funding. We were not previous recipients of IGF and the application process is new to us, therefore we again have invested significant management time in gaining knowledge of the process. Similar to ICF in terms of it being multiple year we expect strong competition for GCF.

ICF and GCF will be the two primary funds we apply for to cover the 2019/2020 and 2020/2021 financial years.

Following our new funding model, we have and will continue to apply for further secondary and tertiary funds as appropriate and also implement Gift Aid for donations.

SELF GENERATED FUNDING

To reduce our risk exposure to Grant Funding we will look to increase the element of Self Generated Funding from the beginning of January 2020. In previous years we have taken any surplus from our Café and Kitchen, Bike Hub and Environmental work and re-invested it into the Charity. We will continue to do this, but we will separate out more clearly these aspects of our operations and look at ways of expanding such services.

Going forward our Environmental service will be renamed “Gardening and Landscaping” and our reasoning for this is it more accurately reflects what we are doing and indeed where we are experiencing an increase in demand.

In future reports we will be reporting more fully on each of these areas and highlighting the contribution they are making to funding the organisation and therefore the fulfilment of our charitable objectives. This is not however purely about financial benefit, we believe that by doing this we are increasing opportunities for our volunteers to gain valuable skills and experience. As with everything we do, if we did not think there was a benefit to our organisation and you then we would not be making this change.

REVIEW OF THE YEAR

For the purposes of the review this report places our wide programme of activities into the following broad categories:

- Café and Kitchen
- Bike Hub
- Gardening and Landscaping
- Social Inclusion and Volunteering
- Youth
- Arts and Social
- History and Heritage

CAFÉ AND KITCHEN

Our bright, warm and welcoming café, remains the focal point of Lambhill Stables, loved by regulars and visitors alike, it's dynamic vibrancy is reflected throughout the rest of our organisation.

The Café and Kitchen has a well established reputation for serving great food at affordable prices in a cheerful atmosphere. Led by Bjorg McKee and Hilary Harris and staffed by our conscientious and valued volunteers, the café also hosts a number of our regular groups, and continues to cater for one off events and functions.

There is usually a daily special on the menu and remember if you are a member a flash of your membership card entitles you to 10% your bill.

We are committed to being affordable and offering the best value for money to our customers.

The café also provides a small surplus on its activities which is entirely re-invested into its maintenance and improvement but most importantly keeping prices as low as possible.



OUR WELCOMING CAFÉ & KITCHEN





FANCY A SCONE!



A STEP BACK IN TIME

BIKE HUB

Over the last year the level of activity in our bike hub has continued to grow substantially as we have gained in popularity and built up a strong and loyal client base. This has meant that we have taken on another skilled mechanic and between them Jenny Petersen and Sam Ellis have overseen a very pleasing growth in activity levels.



It has become apparent from customer comments and word of mouth recommendations that the Bike Hub is a vital support source for locals especially members of the community who rely on the use of their bikes daily or regularly as a means of transport for work or for leisure.



The principle reasons for this increase include:

- inconsistent and costly public transport
- prominent and convenient location
- affordable bikes, parts, repairs and honest advice
- skilled competent staff and high-quality service

Over the course of this year we have built up good relations with local youths by encouraging them to learn about how to maintain their bikes. This has proved very popular, evidenced by the increase on a weekly basis of volunteering requests from local youths who would like to learn more about bike maintenance.

To cater to this demand, we have provided some free bicycle maintenance classes on a Saturday and have discussed with our youth team to plan and deliver more workshops and drop-in sessions in 2020.

Throughout the year we have strengthened our relations with local colleges and businesses and managed to secure a number of contracts for offsite work including:

- bike fleet servicing
- Dr bike sessions
- Fix your own bike sessions
- Maintenance skills classes

In addition to servicing and repairs the Bike Hub team re-furbish donated bikes for re-sale at affordable prices. This is an important part of our role in being an environmentally friendly organisation encouraging re-cycling, carbon reduction and healthy active travel. We also have a fleet of bikes available for hire to individuals and groups.

As previously stated we believe the Bike Hub is a key element in realising our goal of increasing self generated funds and helping reduce our exposure to availability of grant funding.

GARDENING AND LANDSCAPING

Gained over the years Lambhill Stables can be justifiably very proud of its record of achievement in delivering community gardening and environmental projects. The most recent and closest high profile example is the work on the Lambhill/Milton Path on the South bank opposite our main buildings.

We have continued in this vein and further expanded our operations across the North West of Glasgow and beyond.

Our garden continues to attract many volunteers and our growing spaces provide the opportunity for people to take an active part in learning about growing their own food.

We continue to look for ways to enhance and improve what we can offer to our volunteers and external groups and we will have some exciting news very soon about how we plan to achieve this.



In addition to our own site we have a number of separate garden maintenance agreements in place as well as our continued agreement with Scottish Canals for maintenance of our section of the Forth & Clyde Canal.

We have also resumed maintenance work on the Possil Marsh site under agreement with Scottish Wildlife Trust (SWT). Based on the excellent work by Michael Nakonecznyj and Ross Devlin and our volunteers we have been asked by SWT to look after the boardwalks at Cathkin Braes. We have approached and been approached by a number of local Housing Associations to provide services to some of their sites.

This increase in demand is anticipated to continue to grow and provide us with further opportunities for self generated funding.

SOCIAL INCLUSION AND VOLUNTEERING

From the very beginning, Social Inclusion and tackling isolation has been at the very heart of everything we do, this will continue. We have a timetabled programme of weekly events, groups and a number of ad hoc events such as our live music nights, digital inclusion workshops and cook school. These are advertised in our published timetable and via our social media channels and our new website <https://www.lambhillstables.org/> which went live in late summer. If you haven't already, please take a look at it and let us have your comments. The build of the site was donated by James Reilly of EasyWebsites, our sincere thanks to him and his team for all their hard work and indeed patience with us.

Our timetabled and ad hoc events are only part of the role we fill within the community, our location is regularly used for meetings and events by other groups both regular and informal. e.g. Lambhill & District Community Council, the NHS and the Canal Choices Participatory Budgeting panel.

Also this summer we hosted a TV production company who filmed an episode of a new celebrity canal travelling series at our site, so keep an eye on Channel 5 programme listings in the New Year. As soon as we hear when our episode is to be shown you can be sure we will let you know. Thanks to all of you who responded to our call for "extras" on the day.



TIMETABLE OF GROUPS AND ACTIVITIES



Weekly timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10AM-4PM CAFÉ & KITCHEN	10AM-4PM CAFÉ & KITCHEN	10AM-4PM CAFÉ & KITCHEN	10AM-4PM CAFÉ & KITCHEN	10AM-4PM CAFÉ & KITCHEN	CLOSED UNTIL SPRING CAFÉ & KITCHEN
10AM-5.30PM BIKE HUB	10AM-5.30PM BIKE HUB	10AM-5.30PM BIKE HUB	10AM-5.30PM BIKE HUB	10AM-5.30PM BIKE HUB	CLOSED TILL SPRING BIKE HUB
	10AM-12PM GARDENING GROUP FREE	10AM-12PM GARDENING GROUP FREE	10AM-12PM GARDENING GROUP FREE	10AM-12PM PHOTOGRAPHY GROUP FREE	
1PM-3PM LUNCH CLUB		1PM-3PM LUNCH CLUB		11AM-12PM WALKING GROUP FREE	6PM-8PM YOUTH DROP IN AGE 10 + FREE
	1PM-3PM GARDENING GROUP FREE	1PM-3PM GARDENING GROUP FREE	1PM-3PM GARDENING GROUP FREE		SUNDAY
4:30PM - 6:30PM HEALTHY EATING FOR LESS (6-WEEK COURSE) (DATES TO BE CONFIRMED)	2PM-3:30PM SUPPORTED ART CLASS £5	1:30PM-3:30PM ART GROUP £3	1:30PM-3:30PM ART GROUP £3	1PM-3PM WOMEN'S GROUP FREE	SORRY, WE ARE CLOSED ON A SUNDAY
	2PM-4PM (EVERY 2ND WEEK) HISTORY AND HERITAGE GROUP FREE	3PM - 5PM DIGITAL SKILLS WORKSHOP FREE		7:30PM-9PM SCOUTS EXPLORERS 14+ TRIAL FREE THEN £2	6:30PM-9:30PM SPIRITUALIST CHURCH
7.30PM - 9 .00PM SCOUTS AGE 10-14 TRIAL FREE THEN £2	5PM-7PM KNITTING GROUP £2 ART GROUP £3	5PM-7PM KIDS ENVIRONMENT GROUP 8+ FREE	5:30PM-7:30PM YOUTH GROUP 10 + FREE	7PM-LATE (EVERY 1ST AND 3RD WEEK OF THE MONTH) LIVE NIGHT MUSIC £6 INCL SOUP	EVERYONE IS WELCOME TO JOIN IN ANY OF THE ACTIVITIES AND WE ARE ALWAYS LOOKING FOR VOLUNTEERS IN ALL AREAS AT LAMBHILL STABLES

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WE ARE A *community anchor organisation*

VOLUNTEERING CASE STUDIES

OVERVIEW

Volunteering is a crucial and a large part of the ethos behind Lambhill Stables, and key to promoting social inclusion, combating isolation and loneliness in our community which in turn is proven to have a positive impact on mental health and wellbeing.

Over the last year we have recruited an additional 36 volunteers from different backgrounds, in total 106 volunteers took part completing over 12,000 hours. Our volunteers range in age from 14 to over 70 years old.

Additionally we have had a number of corporate groups volunteering over the year with 151 participants completing 1,158 hours.

Volunteering is personal to each individual and the reasons for involvement differ for each person. From something to do in retirement, to learning new things, improving health and fitness, combatting isolation and meeting new people.

Lambhill Stables offer many volunteering opportunities and range from the Café and Kitchen, the Bike Hub, our Youth Hub to our extensive Community Gardens.



Some of our volunteers act as peer support, informal befrienders and advocates supporting new volunteers through the initial induction. We also alleviate social isolation through our ongoing activities e.g. Art Classes, Senior Lunch Group, History and Heritage Group, Sewing and Knitting Group, Womens Group and Walking Groups.

This year in order to highlight the many benefits of running a professional and inclusive volunteering programme and bring it to life we are, with appropriate consents, able to share the following case studies.

VOLUNTEER A. (GLADYS)

Gladys in her 50's from the local area, initial referral and contact was made through Glasgow Association for Mental Health (2015) due to her being isolated, lacking in confidence, suffering from anxiety and depression, physical ill health and with past negative life experiences. Initial support given was to identify support needs and a named person was allocated to support Gladys. During this time it was recognised that we had a group of women with similar issues being supported and a peer support group was formed supported by the Volunteer Coordinator and a Community Development Student from Glasgow University.

Gladys had sporadic attendance in the beginning, but slowly gained confidence, training was organised in First Aid, Food Hygiene and Team Building which were delivered in an informal manner over a 3 month period. At the conclusion of training, the group had developed a plan to organise an informal get together one day per month and weekly group meetings. Gladys has become an integral part of this group leading a music night, promoting the event, organising acts and ensuring that hospitality is available to participants.

In 2017 Gladys started volunteering in the Café and Kitchen, initially for two hours per week, helping to clean tables and wash dishes. Over time Gladys gradually gained in self confidence and acquired the skills to be a Lead Volunteer, who plays a key role helping to run this much loved community resource.

Gladys now helps others and informally supports induction of new volunteers in the Café. Her role now extends to cooking a wide variety of dishes, baking, and leading on health and safety as well as cashier duties.

In total Gladys has contributed over 2,500 hours to both her volunteering in the Kitchen and Café and through organising music nights and is keen to develop more activities for local people.

Gladys has stated “While Volunteering at Lambhill Stables I have met a lot of new people, I like making other people feel welcome. I love promoting all the groups so people have somewhere to go.”

“I’m a people person, my disabilities don’t matter here, and it’s good to challenge people’s views because my disabilities are ones you can’t see and if it helps others to get involved it’s a bonus”.

“If I hadn’t come along on the first day I’m not sure what I’d be doing if anything at all, job centre staff said I wasn’t suitable for work due to all my health conditions and Lambhill Stables has given me the opportunity to become involved and meet new people.”

VOLUNTEER B (DAVID)

David is 72 year old and has been with Lambhill Stables since 2013, he gives his time to assisting in the garden. He has contributed over 1,500 hours to volunteering at Lambhill Stables. David initially came along to get out the house and improve his health as after retirement he was not very active.

During his time here he has been able to assist new volunteers in learning new skills, some had never tried gardening and has given support to others when they have needed someone to listen to them and has also inspired some of the younger volunteers to try new things.

David stated “I enjoy coming along each week it gets me out the house, and it’s good to feel useful again and help encourage other people and share what I know with them; I have also made a lot of good friends”.



VOLUNTEER C (PAT)

Pat (30's) is a single parent of one primary aged child who has moderate learning disabilities and he cares for his elderly mother who has ill health. Pat has been unemployed for a number of years and was feeling the pressure of his care responsibilities and wanted to do something for himself.

Initially Pat tried volunteering in the Bike Hub, Lambhill Café, Landscaping and as a volunteer gardener, as he wasn't sure what he wanted to do. With the support of the Volunteer Coordinator and other staff he was able to find what suited him best.

Lambhill Stables was able to offer the opportunity to bring his child along while he volunteered during school holidays and he was volunteering initially for 3-6 hours a week. During term time Pat has become a regular volunteer in the garden and also assisting our landscapers. Family illness has a direct impact on Pats own wellbeing and he is able to talk

over things with staff and volunteers which gives him support, we have also been able to support him with information to assist in supporting the whole family and signpost him to other sources of health support services.

Pat says, "Being in the Stables helps me to get a break from everything and everyone has helped to make things easier." "Being able to share my problems outside the family and have suggestions of what I can do has taken some of the pressure off me and working outside lets me forget what's happening at home for a while." "I enjoy working with my hands and it helps me by keeping me busy."

VOLUNTEER D (GEORGE)

George is a 15 year old male who has attended our youth provision for a number of years.

Having issues with sustaining education due to behavioural issues and negative peer relationships both in school and in the community. He was on a spiral of exclusions and under threat of permanent exclusion and being placed in another educational establishment away from the support of the youth provision in the area. Lambhill Stables staff have supported George to resolve his behaviour and other issues through volunteering in the bike hub, landscaping and more recently through supporting other young people.

Staff, volunteers and local community members have all seen a great improvement.

George has expressed to staff that he has found confidence while being part of Lambhill Stables, is able to identify his own problem areas and is working to resolve these. "When I first came along I thought I was being picked on, and everyone was at fault but me, now I can see what I was doing and how it affects others. I'm now not just taking part but I am helping to support others."

The Trustees wish to thank all our volunteers, without whom we would not be able to provide the wide range of activities to our community.

YOUTH

Our Youth department continues to go from strength to strength, in spite of funding difficulties they continue to inspire and challenge our young people to experience and attain more than they may have realised possible.

In the year being reviewed 1, 489 participants took part in various activities across a number of subjects such as: arts & crafts; outdoor learning & conservation; health & wellbeing; as well as indoor and outdoor games and pursuits.

The youth group have taken part in Dynamic Youth Awards; Hi5 Awards; John Muir; Saltire; National Indoor Bouldering Awards Levels 1, 2, & 3; and Snow Life Awards Levels 1- 5. Young people are also working towards Accredited Awards such as the Duke of Edinburgh's Award, and ASDAN Sports & Fitness Level 1 Awards. All facilitated by our skilled youth workers.

OPERATIONS INCLUDE:

- Outdoor Learning & Conservation – bird/bat/hedgehog house building; Pond dipping; Animal tracks; Bug Hotels
- Bush craft activities – fire lighting; den building; shelter building; outdoor cooking
- First Aid training; Designing the Youth Hub and garden areas; Suicide awareness training; Refugee & Asylum Stigma Awareness Training

WORKSHOPS INCLUDE:

- British Red Cross – Everyday First Aid
- British Red Cross - All About Stigma
- Bolt FM – Radio workshops
- Healthy Eating & Cooking Skills
- LGBT Awareness
- SafeTALK
- SuicideTALK
- No Knives Better Lives
- Anti-Bullying
- Drug & Alcohol Awareness
- Police visits and relationship building



EXTERNAL PARTNERSHIPS:

- FrogLife
- British Red Cross
- Bolt FM
- Snow Camp
- Glasgow Life
- Urban Uprising
- No Knives Better Lives



- Youth Scotland
- Young Movers
- Museum in a Box
- The Roses Project
- Police Scotland

A TYPICAL WEEK

TUESDAYS: Staff Led with 4x Participants

- Duke of Edinburgh's Award – Bronze Group
 - Camp Craft
 - Map Reading
 - First Aid
- Urban Uprising NIBAS Award Sessions at TCA Prop Store
 - Introduction to Bouldering
 - Hand Holds
 - Warm Up and Cool Down Exercises
 - NIBAS Awards Levels 1-3

ENVIRONMENT GROUP ACTIVITIES: Staff Led with 16x Participants

- Bushcraft Skills
- Outdoor Learning & Conservation
- Indoor & Outdoor Games
- Arts & Crafts

THURSDAY YOUTH CLUB: Staff Led with 14x Participants

- Health & Wellbeing
- Healthy Eating & Cooking Workshops
- Dynamic Youth Awards
- Arts & Crafts
- Indoor & Outdoor Games

SATURDAY YOUTH CLUB: Staff Led with 13x Participants

- Healthy Eating & Cooking
- Indoor & Outdoor Games/Pursuits

SUNDAYS: Staff Led with x6 Participants

- Snow Camp – First Tracks and Graduate Courses
- Introduction to Skiing & Snowboarding
- Progression through Winter Sport Skills
- SnowLife Awards Levels 1-5
- ASDAN Sport & Fitness Level 1



SUMMER PROGRAMME: Staff Led with 188x Participants

- A holiday programme ran through Spring, Summer and October of themed activities which included scavenger hunts, arts & crafts; tie-dyeing and outdoor movie; packed lunches provided for all participants.

EDUCATIONAL WORKSHOPS (SCHOOL VISITS & OUTDOOR LEARNING):

- St Monica's x10
- Hillhead x 28
- Chirnsyde x 60



GOING FORWARD...

The Youth Team have gained additional funding to add an additional staff member for each night, which will enable us to increase our capacity from 16 to 24x young people being able to attend clubs each night.

We are gearing up for our 3rd residential trip to Glencoe with the Roses Project who have very generously raised £4,500 for the trip to go ahead at the end of March 2020. The young people are committed to raising the remaining £1,500 for this to happen.

This is also the first year that we have had young people progress from Snow Camp's First Tracks onto the Graduate course, and 2x young people have been highlighted to continue onto the Excel course. This will result in 2x local young people having the opportunity to progress in their winter sport pursuit, and join Snow Campers from all over the UK (potentially 180x young people in total) in attending a skiing and snowboarding residential to Austria in April 2020!



ARTS AND SOCIAL

Our art classes began in 2010 and have grown steadily for the past nine years. This time last year we had 3 classes per week, this year due to demand we have increased to 4, with another growing waiting list.

- Tuesday 2pm - 3:30pm (supported adults with additional needs)
- Tuesday 5pm - 7pm
- Wednesday 3pm - 5pm
- Thursday 1:30pm - 3:30pm

The classes are very popular and not only creative but are also educational, therapeutic and socially inclusive. The Art group also supplies us with the bulk of the pictures on display in the Café and in other areas of the buildings. Visitors frequently ask if they can “buy that one” and perhaps in 2020 it is something that the groups may well take further.



THE ART CLASS AT WORK



A SOCIABLE EVENING

LIVE MUSIC NIGHTS

Friday night is music night at Lambhill Stables. Usually two Friday's a month sees live music resonating from the Stables, from generally local acts, many of whom go onto bigger things. One of the most popular nights is the Woman's Group Patsy Kline tribute night, tickets literally get snapped up in a matter of hours. Over the last 9 years the music nights have become a regular highlight for many of our community in their social diaries. These "gigs" regularly attract between 20 - 40 people and on occasion bring in a very modest income for the Stables.



As with all such events we advertise these internally on the notice board and via our social media channels and website.

HISTORY AND HERITAGE

To date this financial year the History and Heritage Group have met formally eighteen times with an average of 5-7 participants at each meeting. In addition we again participated in the annual Glasgow “Doors Open Day” and we were one of only 6 locations in the north of the city to do so.



In addition to our regular group meetings we have had excursions to The Weavers Cottage Kilbarchan, Sma’ Shot Cottages Paisley and The Tenement House in Glasgow. As a group we also continue to support Lambhill Stables on Open Days by providing guided walks, photographic displays and handling kits which are supplied by our partners, Glasgow Museums. We are a friendly and welcoming bunch who are only too happy to chat about local history to anyone who is interested. New members are always welcome.

Starting in January with the help of Glasgow Museums Resource Centre we hope to mount a series of displays including photographs and artefacts depicting various aspects of life in bygone Lambhill. These will be exhibited in our new display space located in The Bothy.

Future plans include furnishing The Bothy as a history/memorabilia room with the inclusion of an audio-visual display which will house the substantial amount of information which we have accumulated over the years.

SUMMARY

As a result of the decline in Grant Funding, 2018/19 was another challenging year for Lambhill Stables, we had to let go a number of colleagues and our ambitious Change Programme had to be put on hold whilst we re-structured and “plugged the gaps”.

However your Board is delighted to report that we have seen a stabilisation in the organisations financial health in the last couple of months. To have achieved this and continued to deliver all of our programmes to our now customary high standard is testament to the superb commitment and work of everyone involved in the organisation.

There is no doubt that we are on the right track, indeed partners, funders and advisers confirm this to us on a regular basis. We continue to explore new partnerships and engage with local and city wide groups and forums to spread the Lambhill Stables name and capabilities.

In all of this the leadership and inspiration shown by the General Manager and her team is absolutely first class and the Board wholeheartedly thanks them all.

Your Trustees remain committed to continuing on a path that will see Lambhill Stables going forward stronger and more resilient to ensure that we are always here to serve all of you, our community.

WE WOULD LIKE TO TAKE THIS OPPORTUNITY TO THANK YOU FOR YOUR GREATLY APPRECIATED AND VERY WELCOME SUPPORT AND ENCOURAGEMENT.

WE WILL ENDEAVOUR TO DO ALL WE CAN TO ENSURE THAT THIS WILL CONTINUE WELL INTO THE FUTURE.

**WE WOULD LIKE TO REMEMBER OUR DEAR FRIENDS THAT WE HAVE LOST
THIS YEAR AND TAKE THIS OCCASION TO REMEMBER THEM FONDLY**



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WE ARE A *community anchor organisation*

